



Studio Lovecraft



CARE OF YOUR NEW TATTOO

Congratulations on your new tattoo! You were tattooed in a clean, modern tattoo studio with sterilized instruments and pigments. REMEMBER, the life of your tattoo is dependent on the care it receives in the first few days.

Follow these simple instructions for a quick-healing and attractive tattoo:

1. **If your tattoo was wrapped with plastic cling film:** Remove wrap after 2 hours. If the dressing sticks, wet the area with lukewarm water and then remove the dressing carefully. **If your tattoo was wrapped with Saniderm ONLY:** You can leave it on for 8-24 hours. It is normal for blood and fluids to collect under the bandage. Remove immediately if the seal around your tattoo breaks or leaks, or if you experience irritation or signs of an adverse reaction. If you have another piece of Saniderm you can apply it to clean and dry skin and leave for up to 5 days, as long as it remains in good condition. Please ask us how to apply it.
2. Once the tattoo is exposed, wash it thoroughly with a mild soap and warm water. Be sure to rinse off all blood and soap.
3. Lightly pat dry with a clean paper towel, then with clean hands apply a small amount of A&D Ointment and massage it in like you would a hand cream/lotion. Do not apply a heavy coat of A&D. The skin must be able to breathe in order to heal and retain the ink. **A&D ointment can be purchased at any drug store and is provided by Studio Lovecraft reception desk at no additional charge.** Feel free to ask about our current brand recommendations.
4. Your tattoo will develop a layer of dry skin (some may experience scabbing) and it will be the same color as the tattoo. Apply ointment 3 to 5 times a day (or whenever your tattoo is dry or itchy) until this layer falls off naturally.
5. After the tattoo has healed and the dry skin has fallen off, there will be a period of adjustment for the new skin. Apply UNSCENTED lotion throughout the day for an additional two weeks minimum.

Remember, the sun, salt water and chlorine will all act like bleach and may ruin your tattoo, so..

- **DO NOT** expose your tattoo to direct sunlight for two weeks.
- **DO NOT** go swimming or soak in tub, steam, or sauna for 2-4 weeks.
- **DO NOT** rub, scratch or pick at your tattoo.
- **DO NOT** re-bandage your tattoo with anything except Saniderm or Tegaderm. Please ask us how to use these products if you plan to.
- **DO NOT** apply Vaseline or petroleum jelly.
- **DO NOT** apply alcohol. Hydrogen Peroxide (3% solution) is okay to use if you are concerned about exposure to infectious bacteria. Remember to pat dry and apply ointment after use.

Healing Tips!

- Take a shower before bed. Let the water gently run over your tattoo but don't hold it under the faucet directly.
- Change your sheets. We recommend sleeping with clean linens and blankets after receiving a new tattoo.
- Protect your new tattoo around animals and children. Avoid direct contact of the area for at least two weeks.
- Always wear clean, loose clothes over your tattoo and keep the tattoo covered during work/activities such as landscaping, working out, and physical labor for at least two weeks.
- Depending on the nature of your work, it may be necessary to wear clothing heavy enough to protect your tattoo such as jeans, long sleeves and gloves, particularly if you work around grease, oil, metal, dust, etc.
- During healing, keep gym sessions brisk and shower afterwards. Do not touch your tattoo while you are at the gym.
- Always wash your hands before and after if you must touch your tattoo.
- Continue moisturizing daily after the healing process to extend the lifetime of your tattoos and always wear sunscreen!
- Take care of yourself! Just like when you are sick or injured, your body is working to recover from your new tattoo. Eat well, get plenty of rest and avoid recreational drugs/alcohol in the days after your appointment.
- The initial healing process usually takes about two weeks, however this time may vary from person to person.

SIGNS OF INFECTION: If you experience prolonged redness, swelling, or tenderness (after two weeks), or elevated body temperature at any point during the healing process, or you observe red streaks going from the procedure site towards the heart, or white/yellow/green pus drainage, please contact your health care provider.

If you have any questions, concerns, or would like to schedule a touch-up after the healing process, please contact us at (909) 430-1400. Thank you for hanging out with us and ENJOY YOUR NEW TATTOO!